

香港路德會社會服務處  
路德會飛躍寶寶中心 / 路德會醒目寶寶中心 / 路德會喜樂寶寶中心  
職業治療服務家居訓練教材

## 中文字筆畫仿寫練習

訓練目標: (1) 能辨別出基本中文字筆劃(點、橫、豎、撇、捺、提、鉤); (2) 能仿寫中文字筆劃

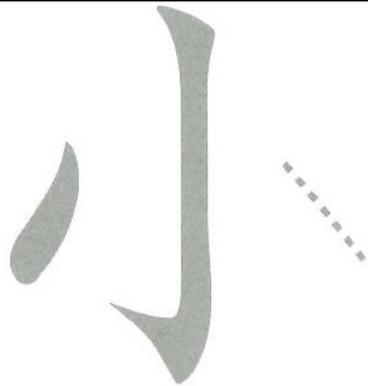
### 訓練內容

1. 此練習包含了十二種不同的中文字筆劃，其中有些是七種基本中文字筆劃的變化(在以下練習中，在括號內顯示)
2. 此練習能加強小孩的對中文字筆劃線條的認識
3. 此練習先讓小孩沿虛線寫出筆劃，再在缺失了該筆劃的中文字內補寫筆劃

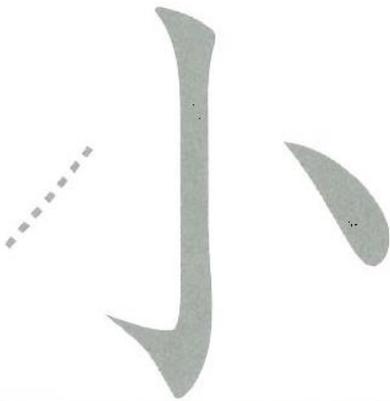
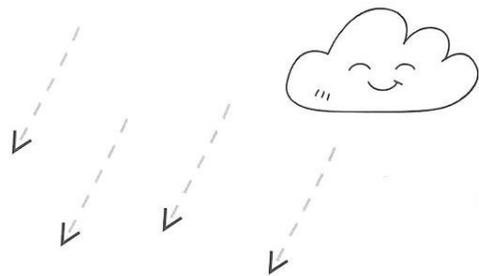
### 方法

1. 家長可先讓小孩從第一個方格中的圖畫辨認出筆劃，家長可按小孩的能力(是否能輕易辨別出基本筆劃)決定是否需要讓他知道基本筆劃的變化(如左斜點)
2. 家長先用手指在第一個方格中的圖畫沿虛線寫，並讓小孩留意箭咀的方向
3. 之後讓小孩依次序在四個方格上寫出筆劃
4. 家長可運用多感覺官學習法加強學習成效
  - 讓小孩在空氣中以上肢大幅度動作 / 在泥膠板 / 用手指沾顏料 寫筆劃
  - 讓小孩用泥膠條、毛毛條等物料在第三及四的方格上補上欠缺的筆畫
  - 讓小孩一邊寫一邊讀出筆劃
5. 家長可在小孩完成練習後，把第一個方格剪下來並貼在硬卡紙上，利用這些卡片以遊戲方式與小孩作複習 (如玩鬥快拍卡 – 所有卡放在桌面上，鬥快找出家長讀出的筆劃)

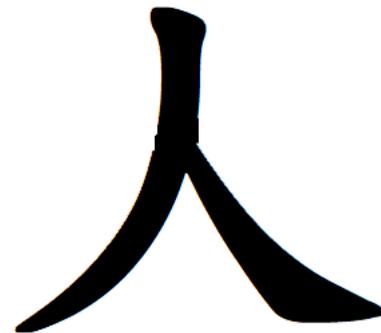
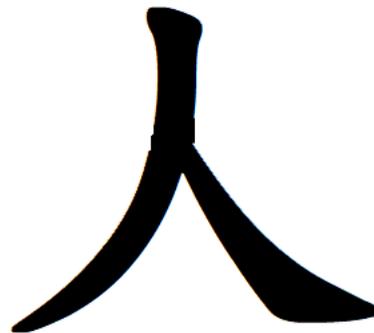
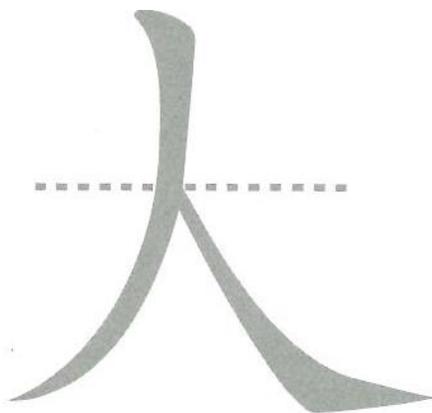
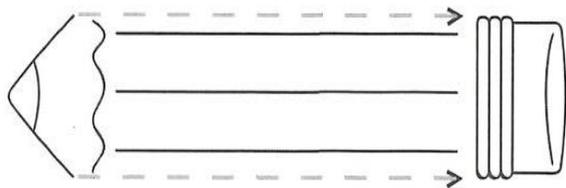
點 (右斜點)



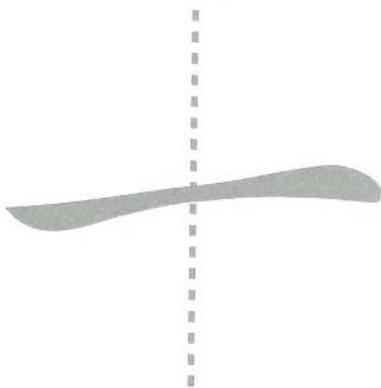
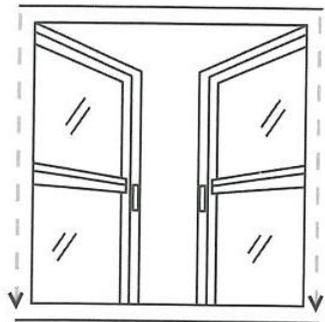
點 (左斜點)



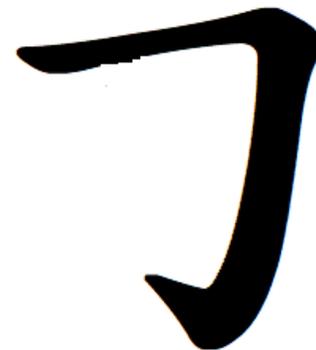
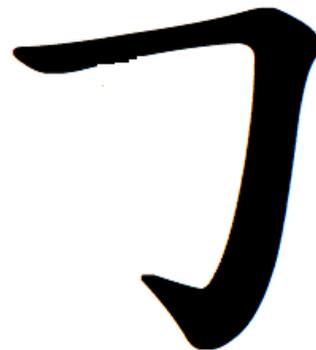
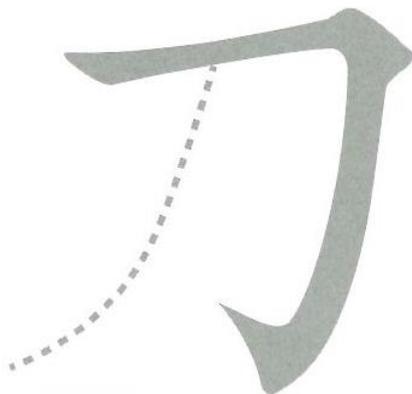
橫



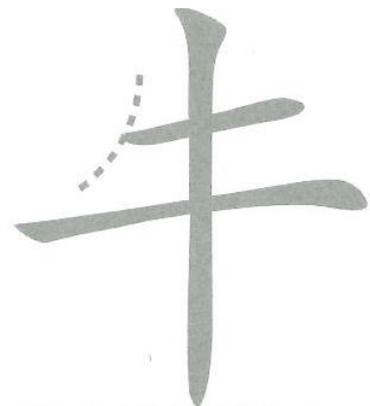
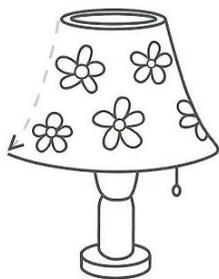
豎



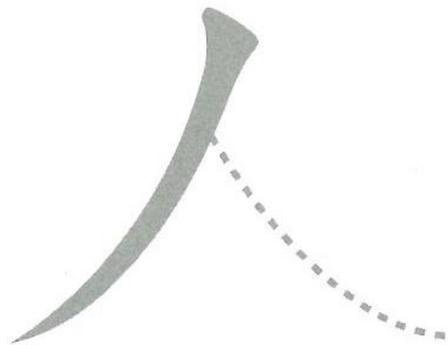
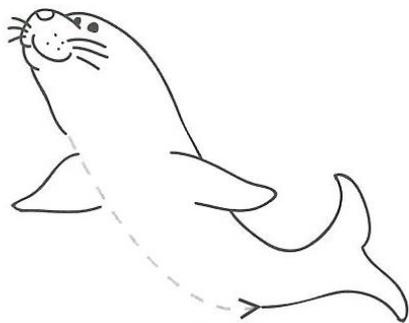
撇 (長撇)



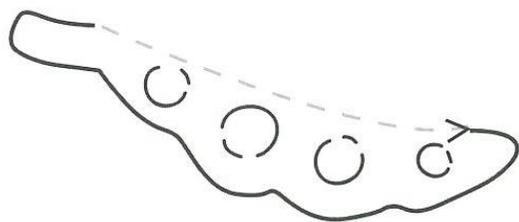
撇 (短撇)



捺 (斜捺)



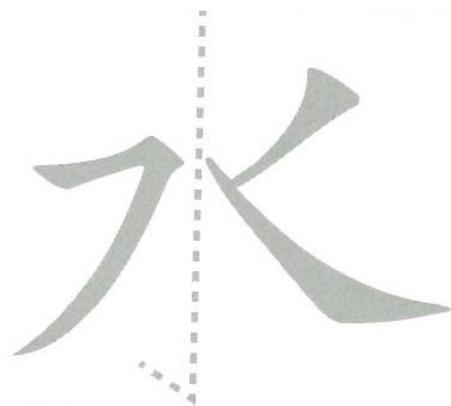
捺 (平捺)



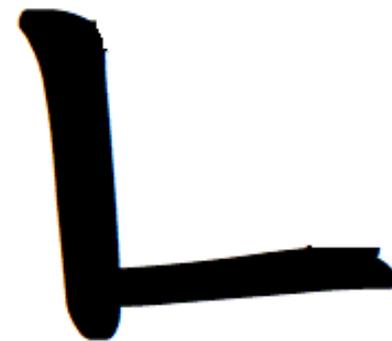
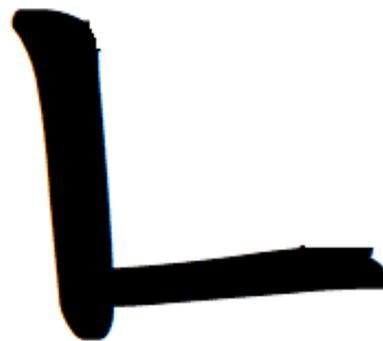
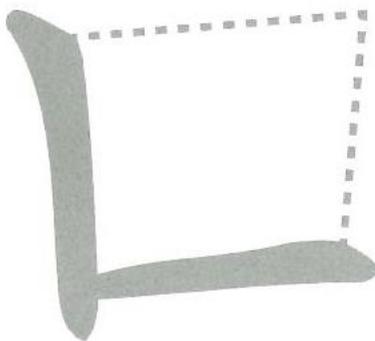
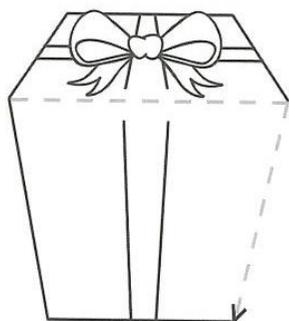
提



鈎



橫折



豎折

